

Forum
Series

Stronger Communities Together



ROSE
COMMUNITY
FOUNDATION



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COMMUNITY FORUM SERIES

SECONDARY TRAUMA

When Helping Others Impacts Us, Too



Thursday



Thursday
OCTOBER 8, 2026
5:30 PM – 7:30 PM



**Rocky Mountain
Welcome Center**
10760 E. Iliff Ave.
Aurora, CO 80014



In-Person Event

Light refreshments
will be provided.
Interpretation available.

REGISTER HERE



<https://ticketstripe.com/RMWC/SECONDARYTRAUMA>

Questions?

dhiguera@rockymountainwelcome.org

You're Invited!

Join us for an important and engaging conversation about secondary trauma. Come and listen to the stories of immigrant service providers who will share how secondary trauma has impacted them, what they have done to mitigate its effects, and practical advice from experts in the field on how to recognize, manage, and care for oneself while continuing to support others.

What is Secondary Trauma?

Secondary trauma can affect individuals who regularly hear about or witness the traumatic experiences of others. Over time, this exposure can impact our emotional, mental, and physical well-being.

Who is this Forum for?

This event is open to service providers, educators, interpreters, community leaders, volunteers, and anyone who supports immigrants, refugees, and other individuals who have experienced trauma, displacement, or crisis.

Panel of Presenters



Dr. Henry Tobey
Executive Director
Vital Hearts
*Expert in trauma,
resilience, and
community healing.*



Jorge Flores, LPC
Licensed Therapist
Rocky Mountain Welcome Center
*Providing mental health
support to immigrant
and refugee communities.*



**Legal
Professional**



Interpreter



**Service
Providers**

FREE EVENT

Caring for Ourselves Strengthens Our Communities

IMMIGRANTS

REFUGEES

STRONGER COMMUNITIES

BRIGHTER FUTURES