



**“The people save the people.” - Jeanette Vizguerra**

## March 2025 RMWC Newsletter

### A Note From Our Executive Director

Uncertainty is all around us. As an immigrant myself, working with immigrants and refugees in Aurora, I feel it deeply. The atmosphere in our community has shifted, and for the first time in a long time, I don't feel entirely safe. I see our clients feeling the same uncertainty, families making contingency plans in case they are detained, individuals being taken advantage of simply because they don't know the system or the language. The weight of it all is heavy.

But in times like these, we don't stop, we push forward. Now more than ever, our work is essential. Every day, we stand beside those navigating the impossible, ensuring they have the support, the resources, and the trust they need to move forward. And we do this knowing we are not alone.

Your unwavering support reminds us that, even in uncertainty, we are part of a community that chooses action over fear. So, we keep working, stronger, more determined than ever.

Thank you for standing with us,

**Diana Higuera**  
Executive Director

### Springs Academy Kicks off Strong



**Eid Mubarak** to all our clients who observed Ramadan this month. Our Springs Academy soccer program continued their indoor practices at the Colorado Muslim Community Center through the winter. We have now moved outside for the spring!

## Youth Rule the World

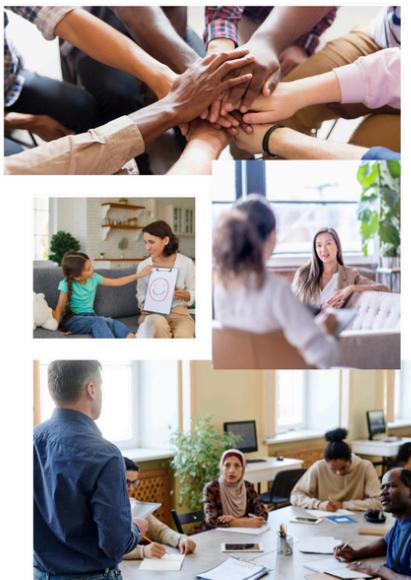


We were thrilled to have a volunteer photographer come capture photos of our latest Youth Rule the World (YRW) cohort working with an art therapist. YRW is an empowering program for youth ages 15-20, where participants explore bi-cultural identity, mental health, and confidence building in their new homes.

## Mental Health & Wellness Program



**Our goal is to promote our clients wellbeing through therapy, education and community resources.**



Accepting  
Clients in  
English and  
Spanish

# MENTAL HEALTH AND WELLNESS PROGRAM

## OUR SERVICES

### Therapy

Individual, Family and group therapy for children and adults

### Workshops

Education on topics related to wellness and mental health

### Support Groups

Group activities to support our clients on topics related to wellness and mental health.

Contact Us  
3033863532



We are now accepting referrals for RMWC's Mental Health & Wellness Program. We provide trauma-informed counseling and wellness support to diverse, multicultural populations in a supportive, community-driven environment. Email [viviana@rockymountainwelcomecenter.org](mailto:viviana@rockymountainwelcomecenter.org) to start receiving care in English or Spanish.

## RMWC in the News



## THE MORNING MAGAZINE

Check out [this KGNU interview](#) from our January 2025 archives. At 5 minutes 30 seconds in you'll hear from RMWC Executive Director, Diana Higuera, and Chair of the Board, Margie Thompson, on efforts to protect those with immigrant status and make Colorado a safe place under the Trump administration.

### Latest Blog Posts

[Parole is Not a Substitute for Asylum or other Permanent Status](#)

[Losing Your Kids: A Real Risk of Deportation](#)

[What You Need to Know About Asylum](#)

---

### Ways you can support RMWC this month:

1. [Coffee for the Cause](#)
2. [Volunteer & Internship opportunities](#)
3. [Become a monthly donor](#)
4. [Join our board of directors](#)

Donate Today

## Follow Us



### Rocky Mountain Welcome Center

10760 E Iliff Ave., 80014, Aurora

This email was sent to {{contact.EMAIL}}

[Unsubscribe](#)

